

# Fabric Wreath

## **Supplies Needed:**

- Foam wreath forms (suitable size for easy handling)
- Pre-cut fabric strips (about 1 inch wide and 6-8 inches long)
- Ribbon (for hanging the wreath)
- Optional: Embellishments like plastic holly berries, bows, etc.

## **Steps:**

### **Preparation:**

Have the foam wreath forms and pre-cut fabric strips ready at the crafting table.  
Ensure each resident has enough space to work comfortably.

### **Introduction:**

Begin by showing an example of the finished wreath.  
Explain the steps you're going to take together to make the wreath.

### **Tying the Fabric:**

Encourage residents to choose fabric strips in colors and patterns they like.  
Show them how to tie the strips onto the foam wreath form with a simple overhand knot.  
Ensure knots are close together so the foam is not visible, making the wreath look full.

### **Encouragement:**

Play some cheerful, seasonal music to create a festive atmosphere.  
Walk around the room, offering assistance and encouragement.

### **Adding Embellishments:**

Once the wreath form is covered, residents can personalize their wreath with plastic holly berries or pre-made bows.

If dexterity is an issue, assist by attaching these with a glue gun (handled by staff or volunteers).

### **Finishing Touches:**

Loop a colorful ribbon through the wreath form for hanging.  
Help tie a bow if residents wish to add one.